'Academies in Christ' Part of the Archdiocese of Southwark

St Richard's Academy PE and Sport Premium Strategy Date: September 2023 – August 2024	Total fund allocated: £17620

Purpose of the premium

The premium must be used to fund additional and sustainable improvements to the provision of PE and sport, for the benefit of primary-aged pupils to encourage the development of healthy, active lifestyles.

The Secretary of State does not consider the following expenditure as falling within the scope of additional or sustainable improvement:

- employing coaches or specialist teachers to cover planning preparation and assessment (PPA) arrangements - these should come out of schools' core staffing budgets
- Teaching the minimum requirements of the existing PE curriculum.

Overview of St Richard's Academy's strategies for improving pupils' PE and sport participation and attainment and giving pupils the opportunity to develop a healthy, active lifestyle

We spend our PE and sport funding in the following ways to improve PE and sport participation and to enable pupils to develop a healthy, active lifestyle:

- Employing qualified sports coaches at lunchtimes to encourage less active children to take part in sports activities in their free time
- Purchasing new equipment to support a range of different activities in PE lessons & intra-school competitions
- Providing additional swimming support for those pupils who struggle to meet the requirements of the National Curriculum in swimming

Our rationale for spending the money in this way is:

• Actions that affect the whole culture, ethos and environment of the school, to encourage and promote physical activity
• Engaging children with intra-school competitions and increasing parent interactions through inter-school competitions.
• Creating an active environment through additional play resources at break/lunchtimes & PE lessons
• Offering pupils a wide choice of physical activity opportunities

How the improvements made will be sustainable in the future:

- Embedding monitoring and evaluation of the impact of the improvement
- Building up participation in inter-school competition
- 'Topping up & increasing' resources

A breakdown of the projected expenditure for the year 2023/24 is shown below, together with its intended impact.				
Academic Year: 2023/24	**Total fund allocated: £17620**	**Date Updated: September 2023**		
Key indicator 1: The engagement of all pupils in regular physical activity				Percentage of total allocation: 53.37%
Academy Focus	**Actions to achieve**	Funding allocated:	**Intended impact**	Sustainability and suggested next steps:
Continue to employ qualified sports coaches at lunchtimes & school holidays to encourage less active children to take part in sports activities in their free time.	Employment of sports coaches to support active lunchtimes and active half term holidays.	£9405	• Maintain active play during lunchtimes to increase the amount of children being active • school sport clubs and activities at lunchtimes and holiday clubs broadening the variety of activity offered	**The number of PE coaches were increased for lunch times and PE sessions in school either as small group, 1-2-1 or whole class opportunities.** **The engagement in sports has increased during lunch and break time. This is reflected in the pupil voice from July 24.** **All children agreed that the school was now encouraging them to look after their physical health while 63% of children strongly agreed with this point.** **The variety of sports clubs have increased and now include tennis, skipping competitions and basketball sessions.** **Sports coaches run training for football at lunch and football sessions for all year groups on different days.**
Key indicator 2: The profile of PESSPA being raised across the school as a tool for whole school improvement				Percentage of total allocation:

				3.76%
Academy Focus	**Actions to achieve**	Funding allocated: £	**Intended impact**	Sustainability and suggested next steps:
Pupils to take on leadership or volunteer roles that support sport and physical activity within the school (such as 'sport leader').	Pupils to lead break time for both keystages Lunchtime – Leaders in Year Purchase a shed, more breaktime equipment and jumpers for play leaders.	£200	• Develop children's leadership skills and lead activities at lunch and break time.	**PE coaches have been modelling games around skipping, cricket and basketball. Competitions have been modelled and then created by the children count the number of skips, time themselves, work in groups or they compare speed.**
Purchasing new equipment to further extend the range of activities in PE lessons	Audit of equipment based on PE curriculum overview Link to developing sports competitions in and out of school	£ 464	• To increase the exposure of different sports/activities for the children. • To allow for better teaching of sports as children and staff have more appropriate equipment. • Support for additional afterschool sports clubs • Equipment will provide opportunities for school teams to be able to compete against other schools on our premises & run intra-school competitions.	**The easy access equipment store has worked well. Children have become very independent in tidying away all equipment as well as selecting equipment, creating games and using it correctly/safely. Equipment has been replenished to ensure that interest has been maintained. Higher levels of engagement in sports is evident. More children have been involved in sports / team events resulting in fewer behaviour incidents. This process has been well supported by the proactive teacher (PE lead) working alongside the PE coaches.**

All year 6 children (that are capable of riding) to complete Bike-ability training to promote healthier lifestyles by cycling to school.	All Year 6 children given opportunity to complete a level of the course.	Free for Dover School	All children in year 5 & 6 will be able to access bike-ability training courses – either reaching level 1 or 2.	**Bike-ability was extended to Year 5 and Year 6 over more than one session.**

Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport				Percentage of total allocation: 6.04%
Academy Focus	**Actions to achieve**	Funding allocated: £1065	**Intended impact**	Sustainability and suggested next steps:
CPD for staff to help them teach PE and to support a wider range of after school clubs & Providing staff with professional development, mentoring, training and resources to help them teach PE and sport more effectively to all pupils, and embed physical activity across your school	Training costs for a range of different sports & Time out of class for the PE Lead to support the staff in the delivery of the PE curriculum through mentoring and team teach training.	£400	Increased skill and confidence of teachers in delivering the PE curriculum and a wider range of different sports for after school clubs.	**The DSC supported this with good modelling in PE sessions led by them.**
	PE Schemes of Work (PE HUB)	£455	Provide staff with the support and progression of skills and lessons to support the teachers in delivering PE lessons.	**The PE scheme was applied throughout the school. The DSC support this with good modelling in PE sessions led by them.**
	YST Membership	£210	To enable the sports lead to stay up to date with guidance and resources for PE in schools.	**Completed providing more sporting opportunities to all children such as increased inter school competitions, tennis days and football tournaments.**

Key indicator 4: Broader experience of a range of sports and activities offered to all pupils				Percentage of total allocation: 13.01%
Academy Focus	**Actions to achieve**	Funding allocated: £	**Intended impact**	Sustainability and suggested next steps:
Yoga & Well-being introduced as broader experience as well as mental health.	Classes held in school as part of extra-curricular activity to promote well-being and mindfulness.	£1440	Increased understanding of well-being and fitness with Yoga, flexibility and mindfulness – developing children's physical, mental and health.	**The children commented how their well-being was better after yoga, this was reflected in the July 24 pupil voice where all pupils agreed that the school had done more to encourage to look after their emotional and mental health of students with 53% strongly agreeing with this question.**
After school clubs run by DSC	Provide sports club opportunities for children less active or to fund spaces for children.	£854	Increase children's exposure to a range of sports.	**More sports clubs have been offered such as Dodgeball, an Easter holiday club for PP children was run over the holidays. HNF children were offered spaces on bespoke opportunities to support families and ensure the clubs were inclusive.** **More lunch time clubs to broaden the exposure to different type of sports.**

Key indicator 5: Increased participation in competitive sport				Percentage of total allocation: 5.67%
Academy Focus	**Actions to achieve**	Funding allocated: £1000	**Intended impact**	Sustainability and suggested next steps:
Increasing pupils' participation in the School Games & organising, coordinating or entering more sport competitions or tournaments within the school or across the local area, including those run by sporting organisations.	Fees for taking part in KCSP Sports, Dover School Games, own sporting competitions and Dover & Deal Schools Football (Boys & Girls)	£400	A further two after-school sports clubs linked to interschool competition	**The school has taken part in over 40 sports trips throughout the year to a wide range of activities across all Key Stages.** **More children have become involved in outside clubs such as tennis and outside football clubs. They have also worked with inspirational workshops led by Joe Wicks.**
Transport	Minibus transport for pupils to travel to inter-school sports	£600	More pupils engaged in interschool competitive sports	**Purchased and used to access competitions, inter school training sessions, swimming and tournaments.**

Other Indicators identified by academy: Swimming & General Physical and Mental Fitness				Percentage of total allocation: 18.11%
Academy Focus	Actions to achieve	Funding allocated:	Intended impact	Sustainability and suggested next steps:
Providing additional support for those pupils who struggle to meet the requirements of the National Curriculum in swimming due very limited swimming completed last year (2022/23).	Employment of swimming instructors to accompany pupils for swimming lessons	£3192	At least 90% of pupils in Year 6 can swim in accordance with the national curriculum's three areas.	**Swimming session showed huge progress from a low starting point. A high percentage of the class did not swim, they could not enter the water or would avoid the swimming sessions. After supportive coaching 58% could swim 25metres, 42% could show a range of strokes and 42% were able to perform safe self-rescue in different water based situations.**

Intended Spending 2022 - 2023: £17, 720.00	
Actual Spending 2023 - 2024: £17, 620.00	**Amount to move into next year: 0.00**